MANIILAQ

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Nine New Cases of COVID-19 in the Maniilaq Service Area

July 28, 2020 – There are nine new COVID-19 cases in the Maniilaq service area.

A Kotzebue resident received a COVID-19 test at the Maniilaq Testing Tent with a positive result on a COVID-19 test on July 27th and reported mild symptoms (fever). The individual is in quarantine in Kotzebue.

Another Kotzebue resident with mild symptoms has also tested positive for COVID-19 at the Maniilaq Testing Tent. This individual states no travel outside the region in the recent past. The individual is in quarantine in Kotzebue.

Four residents of Noorvik tested positive on July 27th and report no travel outside of Noorvik for the past 2 weeks. All four individuals report mild symptoms; all are in quarantine in Noorvik along with any household first-degree contacts.

Three residents of Noatak have tested positive for COVID-19. The first individual reported not having been outside of Noatak in the past 2 weeks. The second individual had traveled to Anchorage for a medical-related visit in early June, and traveled by boat to Kotzebue on July 24th. Both of these individuals participated in the recent community testing effort coordinated by Maniilaq. Not enough information is available to report on the third Noatak resident who has tested positive for COVID-19.

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and reaching out to anyone who may have come into significant contact with these cases case. Maniilaq encourages residents to practice social distancing, wash your hands frequently, avoid large gatherings, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, including inter-village travel.

If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache
- Sore throat

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Kotzebue Oikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq

- New loss of taste or smell
- Congestion or runny nose

- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at <u>www.maniilaq.org/covid-19</u>